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07/07/2023

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**List of Books Transferred to the Department of Yoga Studies:**

Sno.	Barcode	Author	Title	Publisher
1.	✓35451	Nagendra, H.R.	New perspectives in stress management	Banglore
2.	✓35455	Nagendra, H.R.	Research methods	Banglore
3.	✓35473	Visharadananda, Swami.	Human values	Banglore
4.	✓35475	Srikanta, S.S.	Diabetes mellitus: Modern medical and yoga perspectives	Karnataka
5.	✓35483	Nagendra, H.R.	Mind sound resonance technique : (MSRT)	Banglore
6.	✓35487	Deshpande, Sudheer	Kriyas : kapalabhati, Trataka, neti, dhauti, naulti, basti	Bangalore
7.	✓35489	Tells, Shirley	A glimpse of the human body : the structure and functions	Bangalore
8.	✓35493		Surya namaskara	Bangaluru
9.	✓35495	Swamy, N.V.C.	Notes on karma yoga	Bangalore
10.	✓35505		YIC- Yoga instructors course : self learning material	Bangalore
11.	✓35507		YIC Yoga instructors course : self - learning material	Bangalore
12.	✓35515	Nagendra, H.R.	Yoga : It's basis and applications	Bangalore
13.	✓35519	Nagarathna, R.	Yoga for common ailments	Banglore
14.	✓35525	Nagarathna, R.	Yoga for depression	Bangalore
15.	✓35531	Taimni, I.K.	The science of yoga : the yoga sutra's of Patanjali in Sanskrit with transliteration and commentary in English	Chennai
16.	✓36544	Sembulingam, K.	Essentials of medical physiology	New Delhi
17.	✓36552	Das, K. V. Krishna	Text book of medicine	New Delhi
18.	✓36554	Singh, Wazir	The psychology of yoga	New Delhi
19.	✓37372	Saraswati, Swami Satyananda	Four chapters on freedom: commentary on the yoga sutras of Sage Patanjali	Munger
20.	✓37375	Saraswati, Swami Satyananda	Asana pranayama mudra bandha	Bihar
21.	✓37376	Saraswati, Swami Satyananda	Yoga nidra	Bihar,
22.	✓46714		Hathapradipika of svatmarama	Pune
23.	✓46715		Hathapradipika of svatmarama	Pune
24.	✓46720	Tiwari, O P	Asana why & how?	Pune
25.	✓46730	Kuvalayananda, Swami	Pranayama	Lonavala
26.	✓46732	Kuvalayananda, Swami	Scientific survey of the yogic poses	Pune
27.	✓46734	Gharote, M L	Teaching methods for yogic practices	Lonavla
28.	✓46736	Bhogal, R S	Yoga and mental health and beyond: a guide to self management	India
29.	✓46750	Kuvalayananda, Swami	Yogic therapy: its basic principles and methods	Maharashtra
30.	✓46753	Gore, M M	Yoga therapy for selected diseases	India
31.	✓46768	Digambarji, Swami	Glossary of the sankhyakarika	Pune

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32.	✓50265	Pathak, Satish	Yoga as therapy: medical view, practical guide for health and disease	Pune
33.	✓50267	Bhogal, R S	Yoga psychology & beyond	Pune
34.	✓50277		Vasistha samhitha: yoga kanda	Lonavla
35.	✓50293	Kuvalayananda, Swami	Asanas	Pune
36.	✓50298	Gore, M M	Yoga therapy for selected diseases	India
37.	✓50303	Goraksanatha	Siddhasiddhantapaddhatih	Pune
38.	✓50306	Gharote, M L	Teaching methods for yogic practices	Lonavla
39.	✓50315		Hathapradipika of svatmarama	Pune
40.	✓50317	Bhogal, R S	Yoga and mental health and beyond: a guide to self-management	India



Received

Subramanya Pailoor  
6/7/2

डॉ. सुब्रह्मण्य पेलूर / Dr. Subramanya Pailoor,  
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